

## Local Resources

### **Emergencies:**

**Emergency Psychiatric Services** - (800)-988-1111

Eliot – Mobile Crisis Intervention - Call if you feel your child is experiencing a social/emotional crisis

**Dial 211**- will help with assistance finding food, paying housing bills, accessing free childcare, or other essential services

**National Suicide Prevention Lifeline** - (800)-273-8255

Available 24 hours

**Call to talk**- Confidential emotional support and suicide prevention available 24 hours- (508) 532 2255

**Parent Stress Line** - 1-800-632-8188

**Child at Risk Hotline** -1-800-792-5200

**Domestic Violence Hotline** - 1-800-223-5001

### **Food Resources:**

**Food Source Hotline** -1-800-645-8333 (60 languages) will help with SNAP cards

**Lynn Public Schools** are providing “grab and go” lunches Monday through Friday: 11am-1pm (Marshall Middle School, English High School, Classical High School, LVTI)

**My Brothers Table** 98 Willow St. (781) 595-3224

Daily M-F 12-6 (to go meals only)

Weekends: 2-4:30

You may pick up extra meals for family/neighbors

**Salvation Army** 1 Franklin St. (781) 598-0673

Daily 9-11am (can pick up once a month)

**St Stephen's Church** 74 South Common St. (781) 599-4220

Fridays at 3pm food pantry (except first Friday of the month closed)

Must have Lynn ID

**Burger King** 108 Boston St. (781) 584-8367 Beginning March 23, 2020... Free kid meals with any purchase through the Burger King app (delivery or pick up)

**Alfredo's Italian Kitchen** 425 Lynnway (781) 584-4954 Offering lunch with Garelick Farms milk.

**\*Continue to check the LPS website and the City of Lynn website for updated information and resources.**