

How to Use Your Sketchbook

- A sketchbook is a great way to keep your art skills sharp!
- Challenge yourself to use what you have on hand creatively! A highlighter and a pen can make a great drawing. You can also cut and paste random papers to make a unique background surface to draw on.
- There are two files of sketchbook prompts – choose the prompts that you find interesting.
- Remember that sketchbooks are a place to explore, reflect, and experiment. Have fun!

HOW TO MAKE A YOUR SKETCHBOOK

Supplies:

TO MAKE INSIDE:

1 syllabus	1 pushpin
10 Pages copy paper	1 ruler
1 sheet solid color paper (interior cover sheet)	1 “arm’s length” of binding thread
4 paperclips	1 tapestry or bookbinding needle

TO COVER:

1 sheet heavier paper, decorated on two sides with paste-paint techniques (exterior cover sheet)	1 Glue Bottle
	1 glue brush and palette

Glossary of Key Bookbinding Terms:

Burnish: (v.) to apply pressure and move across a surface with a tool (ruler, bone folder, etc.) to smooth or shine that surface

Bind: (v.) to secure or attach the parts of a book together

Signature: (n.) a stack of folded sheets that form a group of pages inside a book

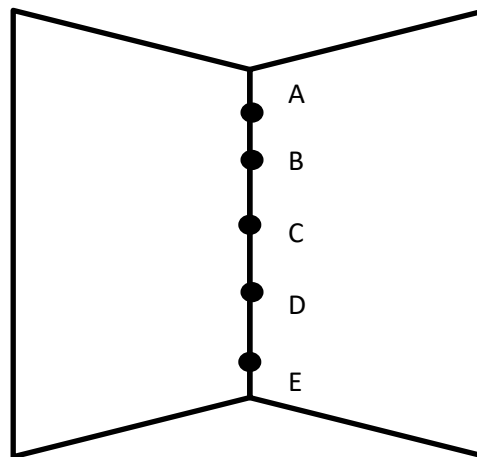
Spine: (n.) the back hinging edge of the book, generally where the pages attach to the covers

Steps:

1. Fold each paper and cover paper in half, one at a time.
2. BURNISH all folds using a tool such as a ruler.
3. Open and stack all of your folded papers. Put down the color sheet first (on the bottom). Put the syllabus sheet on top of the solid color paper sheet. Stack the plain paper sheets on top of the syllabus sheet, opening each and aligning the fold lines. These papers become your SIGNATURE.
4. Try to center the stack of sheets on top of the interior cover sheet. Place paper clips over all layers, close to the center fold line.
5. Use a ruler to measure five equally spaced markings along the fold line. These markings should go at $\frac{1}{2}$ " , $2\frac{1}{4}$ " , $4\frac{1}{2}$ " , $6\frac{3}{4}$ " , and $8\frac{1}{2}$ " .
6. Push through all layers at the marks with a push-pin. You must wiggle the pin to enlarge the hole. Be careful not to move the signature at this time.
7. BIND your book by sewing through the folded edge of the SIGNATURE, including the interior cover sheet. **Follow the order listed in the diagram below.**

START ON OUTSIDE

C à D
D à E
E à D
D à B
B à A
A à B
B à C



8. Securely tie your thread ends and snip any excess thread.

(Steps 1 – 8 can be done in advance. Finish your book with steps 9 – 10 when the cover is completely decorated, dried and flattened.)

9. Place the bound pages inside the exterior cover sheet. Make sure the bound edge of the signature aligns with the fold line of the outer cover. This edge is called the SPINE.
10. Glue the interior cover sheet to the exterior cover.