The First Month is Done… Let’s Recap!

It has been great to have the students fill the cafeteria once again! Our foodservice team has been in the cafeterias surveying students, taste testing recipes, and providing nutrition education. We will surely be in all schools throughout the district this year, so keep an eye out for promotions, events, and opportunities to have a voice in school meals.

Students at Aborn Elementary were brave and tried something new, our tomato and cucumber salsa sample. This featured our Harvest of the Month vegetable, tomatoes!

Reasons to Celebrate in October!

4th - National Taco Day
Check out your menu for some lunch time tacos! What’s your favorite way to celebrate Taco Tuesday?

7th - World Smile Day
Find a way to make yourself and your peers smile on this fantastic Friday.

10th-14th National School Lunch Week
This week is dedicated to school provided lunches, and we are celebrating accordingly. Check out the next page to get excited!

Menus & Communication

If you haven’t already be sure to check out our Nutrislice webpage that holds all the schools’ menus including nutrition information.

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October is Seed to Table month in the cafes where we’ll be engaging students with fresh recipes, delicious demos, and fun and informative nutrition education. Seed to Table is a celebration of fresh, seasonal, and local foods with an exploration of how students and families can have fun growing their own vegetables and herbs.

In October, food service staff will organize Discovery Kitchen experiences in the cafeteria and classrooms with interactive ways students can taste and learn about fresh fruits and vegetables and how foods go from seed, to table.

Check out the Farmer’s Market at Central Square that happens every Thursday from 11:00 am-3:00 pm. This is a great way to access fresh fruits and vegetables that are grown locally here in Lynn. The address is 1 Exchange St, Lynn, MA 01901.

October 10th-14th is National School Lunch Week. In the year of 2019 there were over 4.9 billion lunches served to communities across the U.S! We are celebrating with some retro themed promotions and decorations in all Elementary schools across Lynn!

Use this QR code to access tons of educational videos on the farming of a variety of produce!