

**Lynn Public Schools
School Health Services
Guidelines For Keeping Your Child Home From School**

Fever

For a temperature by mouth of 100.0° or higher, please keep your child home until they are fever free for 24 hours without fever reducing medications such as acetaminophen (Tylenol) or ibuprofen (Motrin or Advil).

Vomiting

Keep your child home for 24 hours after last episode and until child can keep down food and fluids.

Diarrhea

Keep home until symptom free for 24 hours.

Rash

Rashes can have many different causes. If rash is unusual or accompanied by a fever, have your health care provider make a diagnosis and provide a note for return to school.

Colds, Cough, Runny Nose

If your child does not have a fever, is coughing or sneezing infrequently, and is able to manage secretions, they may attend school. Please keep your child home if they have a congested or uncontrollable cough or excessive secretions.

Asthma

If your child has wheezing, coughing, shortness of breath or chest tightness that doesn't improve after taking a quick relief medication, please keep your child home and contact their health care provider.

Sore Throat

If sore throat is accompanied by fever, swollen glands, pain or swallowing difficulties, please have your child checked by your health care provider.

Stomachache

Please keep your child home if they have pain lasting more than 2 hours and/or fever, vomiting or diarrhea.

Headache, Earache, Toothache

Your child can attend school if pain can be managed by over-the-counter medications while awaiting an appointment with dentist or doctor. Child should be kept home for severe pain.

Red Eyes or Discharge from Eyes

If the white part of the eye is red or itchy and there is a yellow, green or crusty discharge, your child should be evaluated by their health care provider.

